



STRONGER TOGETHER PROGRAM

A workplace wellness program in partnership with the GLOW YMCA

The GLOW YMCA provides employers with a new approach to employee health. Research has shown an effective wellness program can have significant impact on a variety of health risk factors including cholesterol, blood pressure, cardiovascular disease, and obesity.

MEMBER BENEFITS

- Access to all GLOW YMCA branches, conveniently located throughout the area.
- State of the Art Wellness Centers.
- Aquatics facilities at Genesee and Wyoming branches.
- Unlimited land and aquatic group exercise classes.
- Child Watch for Family memberships.
- Nationwide Membership while traveling in the U.S.



HOW IT WORKS

10/10 Match.

- The employer pay \$10 per month, per membership.
- The YMCA pays \$10 per month, per membership.
- The employee receives \$20 per month off their membership!



Contact Brionna DeMichel, Membership Director, for more
information bdemichel@glowymca.org

BUILDING HEALTHIER EMPLOYEES



EMPLOYER BENEFITS

INDIVIDUAL

In addition to all Member Benefits, a YMCA Membership will also help you:

- Increase productivity and morale
- Recruit new employees
- Decrease turnover and absenteeism

When your team joins the Y, you create meaningful change not just for you, but also for the whole community.

TEAM BUILDING

We offer facility rentals at various locations for your team's needs.



MEMBERSHIP OPTIONS

JOINING FEE

MONTHLY RATE

ANNUAL RATE

YOUNG ADULT

Individual between ages 18-24

\$0

~~\$33.00~~

\$13.00

~~\$396.00~~

\$156.00

ADULT

Individual between ages 25-62

\$0

~~\$53.00~~

\$33.00

~~\$636.00~~

\$396.00

SENIOR

Individual ages 62+

\$0

~~\$45.00~~

\$25.00

~~\$540.00~~

\$300.00

TWO ADULTS

Two adults residing in the same household

\$0

~~\$75.00~~

\$55.00

~~\$900.00~~

\$660.00

1 Adult Family

One adult and children ages 18 and younger living in the same household

\$0

~~\$65.00~~

\$45.00

\$780.00

\$540.00

FAMILY

Two adults and children ages 18 and younger living in the same household

\$0

~~\$89.00~~

\$69.00

~~\$1,068.00~~

\$828.00

Rates as of January 2025

Genesee County YMCA | 211 East Main Street Batavia, NY 14020 | 585.344.1664

Our Mission: To develop the spiritual, mental, and physical wellness of all people in an atmosphere of Christian fellowship.